



Sample Sunday Buffet Lunch Menu 2017

Roast Irish Beef with Gravy

(Contains Allergen 8, 9, 12, 13)

Roast Loin of Bacon with Apple Sauce

(Contains Allergen 8, 9, 12, 13)

Grilled Breast of Chicken with Cheese & Prosciutto

(Contains Allergen 7, 8, 9, 12, 13)

Beef Bourguignon

(Contains Allergen 6,7, 8, 9, 12, 13)

Baked Fillet of Cod with Prawn Mousse

(Contains Allergen 3 hake, 7, 8, 9, 12, 13)

Cheese Broccoli Gratin

(Contains Allergen 7,8, 9, 12, 13)

All courses are accompanied with a selection of vegetables or salads**

Food Allergies and Food Intolerances

If you have a food allergy or food intolerance please speak to a member of our staff before you order as they are fully all trained in allergy awareness. You may also refer to the index below where allergens are listed numerically and presented in the same format beside each menu item. 1- Crustaceans, 2- Mollusca, 3- Fish, 4- Peanuts, 5- Nuts, 6- Cereal containing gluten, 7- Milk/Milk products, 8 Soy, 9- Sulphur Dioxide, 10- Sesame seeds, 11- Egg, 12- Celery/Celeryiac, 13- Mustard, 14- Lupines