Fitness Suite
COVID Health & Safety Guidelines

Maximum of two people at any one time

Please wipe fitness machines down after usage, using the provided blue disposable paper towels and Anolyte Disinfectant Cleaning Spray

Please ensure social distancing is adhered to

Please ensure you sanitise as you enter and exiting our Fitness Suite

Our fitness room is cleaned hourly and is sanitised with our in-house Disinfectant Cleaning Spray – Anolyte

Revised cleaning regime in our Fitness Room includes a bespoke sanitisation treatment device referred to as a Disinfectant Cleaning Spray system using Anolyte which is an extra layer of sterilisation. This is used in ‘Clean Room Technology’ throughout the pharmaceutical sector and some hospitals. Anolyte is electro-chemically activated water [ECA*].

This device very effectively deals with viruses and other air and surface contaminants. The ECA is produced by the electrolysis of ordinary tap water containing dissolved sodium chloride into Hypochlorous acid – which is a very efficient disinfecting solution

We work with both Bureau Veritas & Failte Ireland to audit & accredit our processes, procedures, systems & controls to ensure that we are meeting the highest standard of safety